

## OHSSCA Clinic Schedule

### Friday, September 21st

9:00 am Golf Outing - The Phoenix  
Please contact Joe Groscost to confirm your participation in the golf outing. We have 10 tee times but we must confirm by September 10th. You must call Joe at (419) 684-8693 prior to September 10th and leave your name, phone number and the number of people in your group. Do not show up to play unless you have confirmed with Joe.

### Saturday, September 22nd

8:00 - 10:00 am Registration in Lobby near vendor area and meeting rooms at University Plaza Hotel.

10:00 - 11:00 am Mark Davis - Centerville HS; Ohio Girls Division I Coach of the Year

11:30 - 12:30 pm Steve Cremean - Perkins HS; Ohio Girls Division II Coach of the Year

12:00 - 6:00 pm Vendor Area Open

12:45 - 2:00 pm Lunch Buffet - Visit Vendor Hall

2:00 - 3:00 pm Phil Emery - Bangor HS, Bangor, Maine; Coach of the Year

3:30 - 4:30 pm George Block - San Antonio, TX

5:00 - 6:00 pm Jim Brower - St. Xavier HS; Ohio Boys Coach of the Year

6:00 pm Vendor Area Closes

6:00 - 6:30 pm Cash Bar

6:30 - 9:00 pm Ohio High School Swimming Coaches Hall of Fame Banquet. Alan Goldberg - Speaker

9:00 - 11:00 pm Mixer for all clinic registrants, vendors and guests.

### Sunday, September 23rd

8:00 - 10:00 am Registration - University Plaza

8:30 am Vendor Area Open

9:00 - 10:00 am Phil Emery

10:30-11:30 am Alan Goldberg

11:30 - 12:15 Lunch Break

12:00 pm Vendor Area Closes

12:15 - 1:15 pm George Block

1:15 - 1:45 pm OHSSCA District Meetings

1:45 - 3:00 pm OHSSCA Business Meeting

## YMCA Clinic Schedule

### Friday, September 21st

9:00 am Golf Outing - The Phoenix  
Please contact Joe Groscost to confirm your participation in the golf outing. We have 10 tee times but we must confirm by September 10th. You must call Joe at (419) 684-8693 prior to September 10th and leave your name, phone number and the number of people in your group. Do not show up to play unless you have confirmed with Joe.

### Saturday, September 22nd

8:00 - 10:00 am Registration in lobby of Larkins Hall at Ohio State University.

9:00 - 11:15 am Pool Session - Varsity Pool.  
Bill Wadley - Head Mens Swimming Coach, The Ohio State University;  
Jeanne Fleck - Head Womens Swimming Coach - The Ohio State University;  
Don Remaly, MD - Head Swimming Coach - Bloomsburg YMCA, PA

TBA

11:30 - 12:15 pm “What a Medical Doctor/Swim Coach can pass on to you.”  
Don Remaly, MD - Head Swimming Coach - Bloomsburg YMCA, PA

12:00 - 6:00 pm Vendor Area Open

12:45 - 2:00 pm Lunch Buffet - Visit Vendor Hall

2:00 - 3:00 pm Phil Emery - Bangor HS, Bangor, Maine; Coach of the Year

3:30 - 4:30 pm George Block - San Antonio, TX

5:00 - 6:00 pm Jim Brower - St. Xavier HS; Ohio Boys Coach of the Year

6:00 pm Vendor Area Closes

6:00 - 6:30 pm Cash Bar

6:30 - 9:00 pm Ohio High School Swimming Coaches Hall of Fame Banquet. Alan Goldberg - Speaker

9:00 - 11:00 pm Mixer for all clinic registrants, vendors and guests.

### Sunday, September 23rd

8:00 - 12:00 pm University Plaza. YMCA Principles of Coaching - Required for all YMCA coaches.  
Course - \$20, Book (Optional) \$25

12:15 - 1:15 pm George Block

Joe Groscost  
P.O. Box 546  
Castalia, OH 44824

The Ohio High School Swimming Coaches Association, The Great Lakes Region YMCA Swimming Committee and Kast-A-Way Swimwear would like to extend an invitation to you to attend

# The 6th Annual OHSSCA Swimposium

Sponsored by:

**Kast-A-Way Swimwear, Inc.**  
**Speedo**  
**Ohio High School Swimming Coaches Assoc.**  
**The Great Lakes Region YMCA**  
**Swimming Committee**

**Friday, Saturday and Sunday**  
**September 21st - 23rd, 2001**

**University Hotel**  
**& Conference Center**  
**at The Ohio State University**  
**3110 Olentangy River Road**  
**Columbus, OH 43202**  
**(877) 677-5292**

The first Swimposium, held in 1996, was attended by over 320 High School and Age Group coaches and has continued to grow every year. The response by attendees is extremely positive and enthusiastic. In view of the agenda for this year, we expect an even greater reaction and would like to have you be a part of it.

## Room Reservation Information

A Special Clinic Rate of \$85 per night is available through September 7th at the

University Hotel  
& Conference Center  
at The Ohio State University  
3110 Olentangy River Road  
Columbus, OH 43202  
Toll Free: (877) 677-5292  
www.universityplazaosu.com

## Directions to the Hotel:

**From Cincinnati:** Take I-71 North to 670 West for approx. 2 miles and it will turn into 315 North. Take 315N to the Ackerman Road exit. Turn right at bottom of ramp and head East on Ackerman Road for 1 mile. Turn left at Olentangy River Road (3rd light). Go 1/2 mile to hotel.

**From Cleveland:** Take I-71 South to I-270 West for approx. 2-3 miles to Route 315 South. Follow for approx. 4 miles and exit at N. Broadway/Olentangy River Road. Turn left at end of ramp. Go 1/2 mile to hotel.

**From Toledo:** Take I-75 South to Findlay. At Findlay, get on route 15 to Route 23 to Columbus. Take I-270 West to Route 315 South. Exit at N. Broadway/Olentangy River Road. Turn left at end of ramp. Go 1/2 mile to hotel.

**From East:** Take I-70 West to I-71 North. Go 1/2 mile to 670 West. Follow 670W for 2 miles and it will turn into 315 North. Take 315N to the Ackerman Road exit. Turn right at bottom of ramp and head East on Ackerman Road for 1 mile. Turn left at Olentangy River Road (3rd light). Go 1/2 mile to hotel.

**From West:** Take I-70 East to I-71 North. Go 1/2 mile to 670 West. Follow 670W for 2 miles and it will turn into 315 North. Take 315N to the Ackerman Road exit. Turn right at bottom of ramp and head East on Ackerman Road for 1 mile. Turn left at Olentangy River Road (3rd light). Go 1/2 mile to hotel.

## Clinic Speakers

### Alan Goldberg

Alan holds a doctorate in counseling psychology and is a nationally known expert in the field of applied sport psychology. Author of *Smoke on the Water* and *Swimming Out of Your Mind*, Alan travels extensively to work with age group through elite swimmers across the country. His specialty is helping swimmers overcome blocks and maximize their potential.

### Phil Emery

Coach and humorist Phil Emery has been the Boys Swimming Coach for the past 32 years at Bangor High School in Bangor, Maine. His credits include a dual meet record of 229-31-1, 16 undefeated seasons, 19 State Championships, 13 times Coach of the Year and 20 Conference Champions. Coach Emery's team has been featured on "Good Morning America" and has received numerous awards and recognition from state and local government and private service organizations.

### George Block

Coach George Block has been the Director of Aquatics for the Northside School District since 1977. In his over two decades at Northside, Coach Block has developed five different Olympians in three different sports, 500 UIL State Gold Medalists, over 250 All-Americans, Olympic Trials qualifiers in '84, '88, '92, '96 and 2000 and numerous National and Junior Champions.

## Exhibit Hall

Plan on spending time in the exhibit hall to learn about new products, see the new lines and talk to the swimwear manufacturers. Past exhibitors have included:

### Kast-A-Way Swimwear

Speedo

TYR

Nike

Dolphin

Competitor

Hy-Tek Ltd.

Finis

Zura Sports

International Sports Timing

Total Performance

Colorado Time Systems

Lane Gainer

Swimmaster

Joe Corbi Pizza

### Clinic Co-Chairmen:

Ken Gipe - OHSSCA

Bill Whatley - YMCA

Scott Morris - Speedo

Patti Kast - Kast-A-Way Swimwear

Chip Allen - Kast-A-Way Swimwear

Mail your registration before September 12 to: Ohio Swim Coaches Swimposium, c/o Joe Groscoft, PO Box 546, Castalia, OH 44824

Affiliation - Check all that apply  HS  YMCA  USS  Jr. High  Boys  Girls  Victories \_\_\_\_\_

Name: \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School/Club Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Pool: \_\_\_\_\_ Cell: \_\_\_\_\_ Fax: \_\_\_\_\_

OHSSCA Executive Committee  Yes  No Position: \_\_\_\_\_

Clinic Information/Registration

Full Clinic \$110.00

Saturday Only \$95.00 (Includes Lunch and Dinner)

Sunday Only \$35.00

OHSSCA Dues \$20.00  Sept/Aug or  Feb/Jan check one

Y Coaching Class \$20.00

YMCA Book for Class \$25.00 (Optional)

Late Fee (After 9/12/01) \$15.00

Total Amount Enclosed \_\_\_\_\_

Office Use Only

Check \_\_\_\_\_ Cash \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ By \_\_\_\_\_